

SERVING THE 1962 ROMAN MISSAL

LOW MASS TRAINER MANUAL

Page-aligned coaching for the child field guide

Hear the cue. Say the response. Make the movement.

A black-and-white training aid for two young servers.

ARRIVE AND KNEEL

FIRST + SECOND ACOLYTE

MATCHES CHILD PAGE 2

TRAINER

ARRIVAL

Fix the actual doorway and reverence before rehearsal. The diagram deliberately does not depict genuflection.

BIRETTA

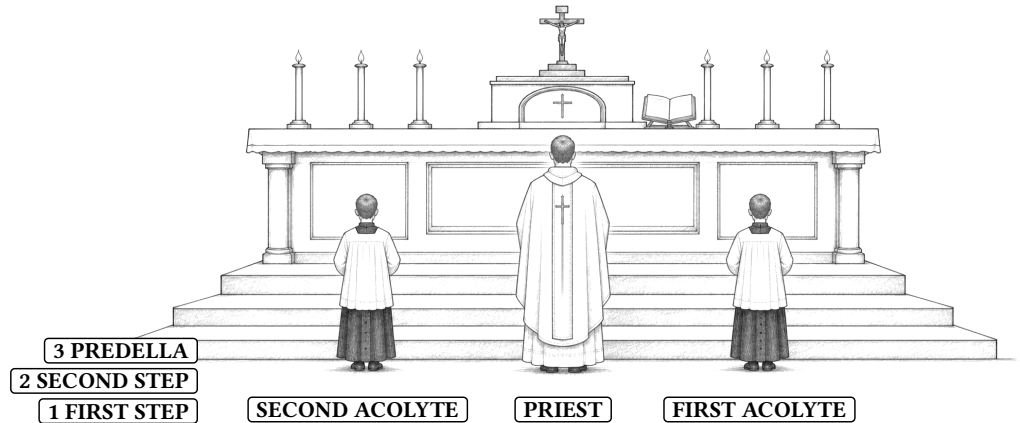
If the priest wears one, First receives and places it at the location fixed before Mass. Keep this out of a first rehearsal.

WATCH

Standing heads are clearly higher; kneeling figures show two knees on the floor and tucked feet.

First stays on the priest's right. Second stays on his left. The priest needs the centre.

MODEL ALTAR: 1 FIRST STEP · 2 SECOND STEP · 3 PREDELLA



- 1

WHO BOTH

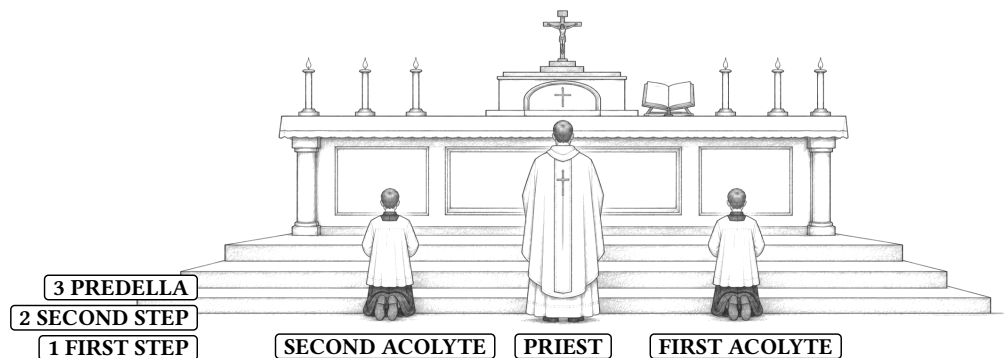
DO: Go single file directly from the sacristy to the foot.

HOW / FINISH: First leads and Second follows. At the foot, form side by side: First is picture-right and Second is picture-left. Leave room for the priest.
- 2

WHO BOTH

DO: Make the taught reverence.

HOW / FINISH: Remain standing while the priest places the chalice, opens the Missal, and returns to the foot.



When the priest begins the prayers, lower together onto **both knees on the sanctuary floor.**

BEGIN THE PRAYERS

FIRST + SECOND ACOLYTE

MATCHES CHILD PAGE 3

TRAINER

PACE

First sets a moderate pace.
Second begins and finishes
with First; neither races the
other.

BEFORE 01

Both sign with the priest at
In nomine Patris. His *Amen*
completes the formula; add
none.

BRANCH

At a Mass of the season from
Passion Sunday through
Holy Thursday, keep 01, omit
Psalm 42, and continue at 06.

Both acolytes are kneeling on the sanctuary floor at the foot. Read across each numbered row.

MASS OF THE SEASON, PASSION SUNDAY THROUGH HOLY THURSDAY

Say 01, omit 02–05 and the repeated 01, and continue at 06. Otherwise continue with Psalm 42 below.

V · PRIEST'S CUE

R · BOTH ANSWER

01

V · PRIEST

V. *Introibo ad altare Dei.*

R · BOTH

**R. Ad Deum qui laetificat
iuventutem meam.**

SAY IT

ahd DEH-oom kwee leh-TEE-fee-kaht
yoo-vehn-TOO-tehm MEH-ahm

02

V · PRIEST

V. *Iudica me, Deus, et discerne
causam meam de gente non sancta:
ab homine iniquo, et doloso erue
me.*

R · BOTH

**R. Quia tu es, Deus, fortitudo
mea: quare me repulisti, et quare
tristis incedo, dum affligit me
inimicus?**

SAY IT

KWEE-ah too ehs, DEH-oos,
for-tee-TOO-doh MEH-ah: KWAH-reh
meh reh-poo-LEE-stee, eht KWAH-reh
TREES-tees een-CHEH-doh, doom
ahf-FLEE-jeet meh ee-nee-MEE-koos?

03

V · PRIEST

V. *Emitte lucem tuam, et veritatem
tuam: ipsa me deduxerunt, et
adduxerunt in montem sanctum
tuum, et in tabernacula tua.*

R · BOTH

**R. Et introibo ad altare Dei: ad
Deum qui laetificat iuventutem
meam.**

SAY IT

eht een-troh-EE-boh ahd ahl-TAH-reh
DEH-ee: ahd DEH-oom kwee
leh-TEE-fee-kaht yoo-vehn-TOO-tehm
MEH-ahm

Reading key: capital letters in the sound line mark the stressed syllable. Say every syllable; the sound line and meaning are practice helps, never words added at Mass.

FINISH PSALM 42

FIRST + SECOND ACOLYTE

MATCHES CHILD PAGE 4

TRAINER

MEANING

Use the short meanings to keep the verse chain from becoming unconnected sounds. They are not translations to recite.

GESTURE

Bow at the priest's *Gloria Patri*. Sign together at *Adiutorium nostrum*.

OMISSION

When Psalm 42 is omitted, turn directly from 01 to 06; do not use 02–05 or the repeated 01.

The priest speaks one complete verse. Both answer with the next complete verse.

IF PSALM 42 IS OMITTED

Do not use 02–05 or the repeated 01. Continue directly at 06.

V · PRIEST'S CUE

R · BOTH ANSWER

04

V · PRIEST

*V. Confitebor tibi in cithara, Deus,
Deus meus: quare tristis es, anima
mea, et quare conturbas me?*

R · BOTH

**R. Spera in Deo, quoniam adhuc
confitebor illi: salutare vultus
mei, et Deus meus.**

SAY IT

SPEH-rah een DEH-oh, KWOH-nee-ahm
AHD-ook kohn-fee-TEH-bor EEL-lee:
sah-loo-TAH-reh VOOL-toos MEH-ee,
eht DEH-oos MEH-oos

05

V · PRIEST

*V. Gloria Patri, et Filio, et Spiritui
Sancto.*

R · BOTH

**R. Sicut erat in principio, et nunc,
et semper: et in saecula
saeculorum. Amen.**

SAY IT

SEE-koot EH-raht een
preen-CHEE-pee-oh, eht noonk, eht
SEHM-pehr: eht een SEH-koo-lah
seh-koo-LOH-room. AH-mehn

01 V · PRIEST

AGAIN V. Introibo ad altare Dei.

R · BOTH

**R. Ad Deum qui laetificat
iuventutem meam.**

06

V · PRIEST

*V. Adiutorium nostrum in nomine
Domini.*

R · BOTH

R. Qui fecit caelum et terram.

SAY IT

kwee FEH-cheet CHEH-loom eht
TEHR-rahm

ANSWER THE PRIEST'S CONFITEOR

FIRST + SECOND ACOLYTE

MATCHES CHILD PAGE 5

TRAINER

CUE

Practise the complete final sentence, not only *Dominum Deum nostrum*.

DIRECTION

Both turn and make the taught bow toward the priest while speaking to him.

NUMBER

The singular words *tui* and *tuis* address one priest.

Listen through the priest's complete Confiteor. His final sentence is the cue.

V · PRIEST'S CUE

R · BOTH ANSWER

07

V · PRIEST

*V. Ideo precor beatam Mariam
semper Virginem, beatum
Michaellem Archangelum, beatum
Ioannem Baptistam, sanctos
Apostolos Petrum et Paulum, omnes
Sanctos, et vos, fratres, orare pro me
ad Dominum Deum nostrum.*

R · BOTH

**R. Misereatur tui omnipotens
Deus, et, dimissis peccatis tuis,
perducat te ad vitam aeternam.**

SAY IT

mee-seh-reh-AH-toor TOO-ee
ohm-NEE-poh-tehns DEH-oos, eht,
dee-MEES-sees pehk-KAH-tees TOO-ees,
pehr-DOO-kaht teh ahd VEE-tahm
eh-TEHR-nahm

1

WHO BOTH

DO: Turn and bow toward the priest.

HOW / FINISH: Say the whole response together. The priest answers
Amen. Remain bowed and begin your Confiteor on the next page.

FOOT/ALTAR

YOUR CONFITEOR · PART 1

MATCHES CHILD PAGE 5

TRAINER

ONE PRAYER

The three pages divide one complete response for learning. Do not insert a pause at the page turns once it is learned.

TURN

At *et tibi, pater*, both turn toward the priest, then face the altar again.

DECK

The full Confiteor is intentionally absent from the fixed-size eight-up flash cards; shrinking it would recreate the tested clutter problem.

Both remain bowed. Learn one sense-sized part at a time, then join all three parts without stopping.

PART 1

I CONFESS

PRAYER BEAT

**Confiteor Deo omnipotenti, beatae Mariae semper Virgini, beato Michaeli
Archangelo, beato Ioanni Baptistae, sanctis Apostolis Petro et Paulo, omnibus
Sanctis, et tibi, pater:**

SAY IT

kohn-FEE-teh-or DEH-oh ohm-nee-poh-TEHN-tee, beh-AH-teh mah-REE-eh SEHM-pehr
VEER-jee-nee, beh-AH-toh mee-kah-EH-lee ahr-KAHN-jeh-loh, beh-AH-toh
yoh-AHN-nee bahp-TEES-teh, SAHNK-tees ah-POHS-toh-lees PEH-troh eht POW-loh,
OHM-nee-boos SAHNK-tees, eht TEE-bee, PAH-tehr

1

WHO BOTH

DO: Keep the prayer moving.

HOW / FINISH: At the colon after *pater*, continue directly to Part 2.

YOUR CONFITEOR · PART 2

FIRST + SECOND ACOLYTE

MATCHES CHILD PAGE 6

TRAINER

BREAST

At each *mea culpa*, both strike the breast once with the right hand.

ENDINGS

Correct the Latin word endings before increasing speed.

JOIN

Begin at Part 1, continue through this page, then turn immediately to Part 3.

Part 2 begins with the reason for the confession and starts the petition for prayer.

PART 2 BECAUSE I SINNED

PRAYER BEAT

quia peccavi nimis cogitatione, verbo et opere: mea culpa, mea culpa, mea maxima culpa. Ideo precor beatam Mariam semper Virginem,

SAY IT

KWEE-ah pehk-KAH-vee NEE-mees koh-jee-tah-tsee-OH-neh, VEHR-boh eht OH-peh-reh: MEH-ah KOOL-pah, MEH-ah KOOL-pah, MEH-ah MAHK-see-mah KOOL-pah. EE-deh-oh PREH-kor beh-AH-tahm mah-REE-ahm SEHM-pehr VEER-jee-nehm

2

WHO BOTH

DO: Strike three times.

HOW / FINISH: Strike once at each *mea culpa*. Keep the other hand over the breast.

FOOT/ALTAR

YOUR CONFITEOR · PART 3

MATCHES CHILD PAGE 6

TRAINER

TURN

At *et te, pater*, both turn toward the priest, then finish still bowed.

WHOLE RUN

Once each part is secure, start at *Confiteor Deo* and finish at *Deum nostrum* without a prompt.

NEXT

The priest now says *Misereatur vestri*; both remain bowed for the first Amen.

Part 3 completes the petition. This is the end of the one full Confiteor begun on page 9.

PART 3 PLEASE PRAY FOR ME

PRAYER BEAT

beatum Michaellem Archangelum, beatum Ioannem Baptistam, sanctos Apostolos Petrum et Paulum, omnes Sanctos, et te, pater, orare pro me ad Dominum Deum nostrum.

SAY IT

beh-AH-toom mee-kah-EH-lehm ahr-KAHN-jeh-loom, beh-AH-toom yoh-AHN-nehm bahp-TEES-tahm, SAHNK-tohs ah-POHS-toh-lohs PEH-troom eht POW-loom, OHM-nehs SAHNK-tohs, eht teh, PAH-tehr, oh-RAH-reh proh meh ahd DOH-mee-noom DEH-oom NOHS-troom

3

WHO BOTH

DO: Finish together.

HOW / FINISH: Stay bowed after *Dominum Deum nostrum*. Listen for the priest's next prayer.

RECEIVE THE ABSOLUTION PRAYERS

FIRST + SECOND ACOLYTE

MATCHES CHILD PAGE 7

TRAINER

POSTURE

Both remain bowed through the first Amen. At *Indulgentiam*, rise upright and sign with the priest.

AMEN

This is the first taught Amen. Use the same complete word at later audible prayer endings.

NO EXTRA

Do not carry this Amen backward to the opening Sign of the Cross.

The priest says two prayers. Both answer *Amen* after each.

V · PRIEST'S CUE

R · BOTH ANSWER

08

V · PRIEST

V. Misereatur vestri omnipotens Deus, et, dimissis peccatis vestris, perducatur vos ad vitam aeternam.

R · BOTH

R. Amen.

SAY IT

AH-mehn

08
AGAIN

V · PRIEST

V. Indulgentiam, absolutionem et remissionem peccatorum nostrorum tribuat nobis omnipotens et misericors Dominus.

R · BOTH

R. Amen.

09

V · PRIEST

V. Deus, tu conversus vivificabis nos.

R · BOTH

R. Et plebs tua laetabitur in te.

SAY IT

eht plehbs TOO-ah leh-TAH-bee-toor
een teh

FOOT/ALTAR

FINISH AT THE FOOT

MATCHES CHILD PAGE 7

TRAINER

BOW

Both make the taught simple bow through the three short versicles, then raise their heads at *Oremus*.

ALB

If the local route assigns it, both assist the priest's alb as he ascends.

TRANSITION

After *Oremus*, stand and move directly to the normal places shown on the next page.

Stay together through the three short answers and the greeting.

V · PRIEST'S CUE

R · BOTH ANSWER

10

V · PRIEST

V. Ostende nobis, Domine, misericordiam tuam.

R · BOTH

R. Et salutare tuum da nobis.

SAY IT

eht sah-loo-TAH-reh TOO-oom dah
NOH-bees

11

V · PRIEST

V. Domine, exaudi orationem meam.

R · BOTH

R. Et clamor meus ad te veniat.

SAY IT

eht KLAH-mor MEH-oos ahd teh
VEH-nee-aht

12

V · PRIEST

V. Dominus vobiscum.

R · BOTH

R. Et cum spiritu tuo.

SAY IT

eht koom SPEE-ree-too TOO-oh

MOVE TO THE NORMAL PLACES

FIRST + SECOND ACOLYTE

MATCHES CHILD PAGE 8

TRAINER

CUE

At the priest's *Oremus*, both raise their heads. First cues the rise after the priest has begun ascending.

LEVEL

The model normal places are on the first step, one level below the priest. Map that rule to the actual sanctuary.

INTROIT

Both sign with the priest at his opening sign and make the taught head bow at *Gloria Patri*.

Stand, turn inward, and go to the two outside normal places. Kneel together on the first step.

MODEL ALTAR: 1 FIRST STEP · 2 SECOND STEP · 3 PREDELLA

SECOND ACOLYTE | PRIEST | FIRST ACOLYTE



Normal places: Second at the Gospel side, picture-left; First at the Epistle side, picture-right. Both are **kneeling on the first step**.

1

WHO BOTH

DO: Stay at the normal places.

HOW / FINISH: Remain kneeling for the Introit, Kyrie, Gloria when appointed, Collect, and Epistle. No server response is added during the Introit or Gloria.

READINGS

SAY THE NINE KYRIES

MATCHES CHILD PAGE 8

TRAINER

PATTERN

Low Mass uses three groups of three. Both acolytes speak every server position together.

CARDS

Flash cards 13 and 14 teach the two priest-to-server pair types; only this page shows who begins each group.

GLORIA

If the Gloria follows, remain kneeling and make only the gestures taught locally; there is no short server response.

The priest and both acolytes alternate. Do not turn the two *Christe* server places into priest cues.

GROUP 1 · KYRIE

Priest: *Kyrie, eleison.* **Both: *Kyrie, eleison.*** Priest: *Kyrie, eleison.*

GROUP 2 · CHRISTE

Both: *Christe, eleison.* Priest: *Christe, eleison.* **Both: *Christe, eleison.***

GROUP 3 · KYRIE

Priest: *Kyrie, eleison.* **Both: *Kyrie, eleison.*** Priest: *Kyrie, eleison.*

SAY IT

KEE-ree-eh, eh-LEH-ee-sohn. KREES-teh, eh-LEH-ee-sohn.

MEANING

Lord, have mercy. Christ, have mercy.

COLLECT AND EPISTLE

FIRST + SECOND ACOLYTE

MATCHES CHILD PAGE 9

TRAINER

COLLECTS

Answer Amen at the audible ending of each appointed Collect.

LESSONS

On days with several lessons, answer only where the proper sheet appoints it; move the Missal only after the final lesson.

EXAMPLE

The complete Epistle cue is a verified exemplar from the Fifth Sunday after Pentecost, not the ending for every day.

Remain kneeling. The first two responses are repeats. Card 15 uses one complete Epistle ending for practice.

℣ · PRIEST'S CUE

℟ · BOTH ANSWER

12 ℣ · PRIEST

AGAIN ℣. *Dominus vobiscum.*

℟ · BOTH

℟. **Et cum spiritu tuo.**

08 ℣ · PRIEST

AGAIN ℣. *Per omnia saecula saeculorum.*

℟ · BOTH

℟. **Amen.**

15 ℣ · PRIEST

℣. *Dominum autem Christum sanctificate in cordibus vestris.*

℟ · BOTH

℟. **Deo gratias.**

SAY IT

DEH-oh GRAH-tsee-ahs

MOVE THE MISSAL

FIRST + SECOND ACOLYTE

MATCHES CHILD PAGE 10

TRAINER

SIGNAL

First waits until the priest has cleared the book. Never reach around him or pull the stand by its front edge.

PATH

First carries the stand down the short way, makes the taught centre reverence, and ascends the Gospel side.

NEXT MEANINGS

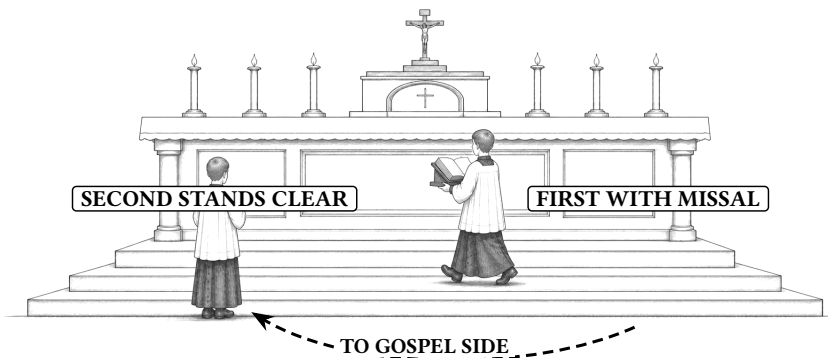
Gloria tibi, Domine: Glory to you, O Lord. *Laus tibi, Christe:* Praise to you, O Christ.

CLEAR LANE

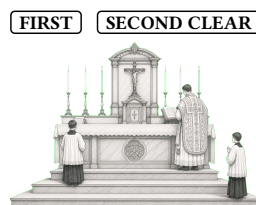
Second stays at the Gospel normal place and steps back. First places the Missal angled toward the priest.

After the final *Deo gratias*, both stand. Second stays at the Gospel normal place and clears the lane. First moves the Missal.

OUR REHEARSED MODEL: This guide assigns the Epistle-to-Gospel book move to First. Other sound manuals assign it differently; do not mix the two plans.



STOP AT THE CENTRE. Make the exact reverence rehearsed for this altar while keeping a secure two-handed hold. Then continue.



At the Gospel title, both acolytes are on the **second-step level**: First waits by the book and Second stands laterally clear, not beside the priest. After the title response and three small crosses, First waits until the priest begins the Gospel text—normally through *In illo tempore* and the immediate reverence—then returns by the rehearsed route.

ANSWER AT THE GOSPEL

FIRST + SECOND ACOLYTE

MATCHES CHILD PAGE 11

TRAINER

TIMING

Both say *Laus tibi, Christe* as soon as the reading ends; do not wait for the priest to kiss the Missal.

CROSSES

At the title, both make the three small crosses with the priest: forehead, lips, breast.

POSTURE

First begins on the second step near the book. Second remains at the same step level but laterally clear of both priest and route. First returns only after the priest begins the Gospel text, normally through *In illo tempore* and the immediate reverence.

Both are standing. First has moved the Missal to the Gospel side.

℣ · PRIEST'S CUE

℣ · BOTH ANSWER

12 ℣ · PRIEST
AGAIN ℣. *Dominus vobiscum.*

℣ · BOTH
℣. **Et cum spiritu tuo.**

16 ℣ · PRIEST
℣. *Sequentia sancti Evangelii secundum Matthaeum.*

℣ · BOTH
℣. **Gloria tibi, Domine.**
SAY IT
GLOH-ree-ah TEE-bee, DOH-mee-neh

17 ℣ · PRIEST
℣. *Relinque ibi munus tuum ante altare, et vade prius reconciliari fratri tuo: et tunc veniens offeres munus tuum.*

℣ · BOTH
℣. **Laus tibi, Christe.**
SAY IT
lows TEE-bee, KREES-teh

READINGS

AFTER THE GOSPEL

MATCHES CHILD PAGE 11

TRAINER

SERMON

Fix the actual seating place and return signal before rehearsal. Keep First and Second together.

CREED

This core model keeps both kneeling. Teach the appointed reverence at *Et incarnatus est* live; it is not pictured.

NO WORDS

Neither branch adds a short server response.

After *Laus tibi, Christe*, follow the branch for this Mass. Then prepare for the Offertory.

1 WHO BOTH
DO: If there is a sermon: follow the trained route.
HOW / FINISH: Go together to the place fixed by the trainer and sit. At the signal, return together and kneel at the normal places.

2 WHO BOTH
DO: If the Creed is appointed: kneel.
HOW / FINISH: Keep hands joined, follow the priest's bows, and make the locally taught reverence at *Et incarnatus est*. Add no response.

AFTER EITHER BRANCH

Whether or not there was a sermon, and whether or not the Creed is appointed, return to the normal places, kneel together, and watch for the priest to begin the Offertory.

ANSWER AND SERVE THE CRUETS

FIRST + SECOND ACOLYTE

MATCHES CHILD PAGE 12

TRAINER

OREMUS

There is no server response after the priest's Offertory *Oremus*.

CUE

Rise after the priest removes the chalice veil and gives it to First at the rehearsed point. First keeps it folded and clear until the coordinated post-ablution move.

CRUETS

The Missal directs the wine-cruet kiss and says not to kiss the priest's hand. This guide selects Carmody's practical sequence: kiss at the base of the handle, present wine, wait for the water blessing, then kiss the water handle and present water. There are no kisses when either cruet is returned.

HANDOFF

Each acolyte receives the same cruet back before the pair bows and turns inward.

Answer the greeting and bow the head at *Oremus*. Remain kneeling until the priest removes the chalice veil. Then rise, meet at the centre, make the taught reverence, and go together to the credence.

V · PRIEST'S CUE

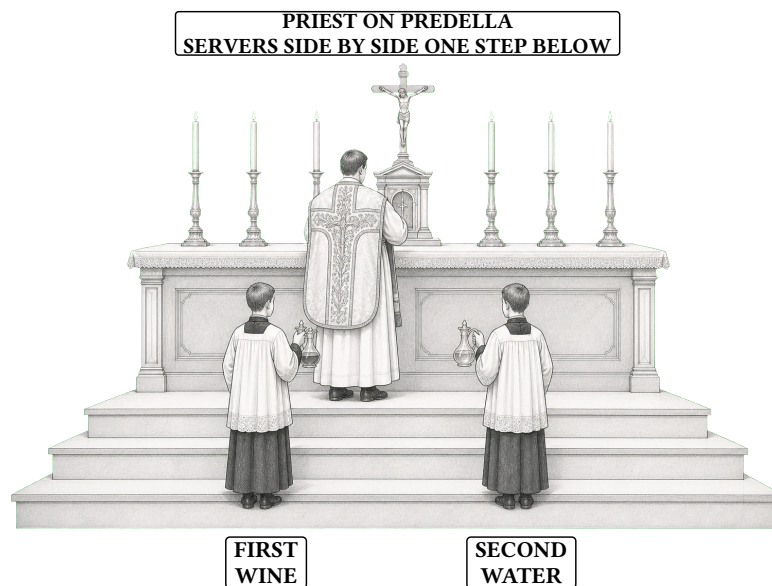
R · BOTH ANSWER

12 V · PRIEST

R · BOTH

AGAIN V. *Dominus vobiscum.*R. *Et cum spiritu tuo.*

MODEL ALTAR: 1 FIRST STEP · 2 SECOND STEP · 3 PREDELLA



Side by side on the second step: The priest is on the predella at the altar. First carries wine and Second carries water; both face him with a clear shoulder-width lane. Kiss only the base of each handle, never the spout or the priest's hand. Bow together before and after.

- 1

WHO FIRST

DO: Kiss and present the wine.

HOW / FINISH: Kiss the base of the handle, then turn the handle toward the priest. Receive the cruet back without kissing it and hold it safely.
- 2

WHO SECOND

DO: Wait for the blessing; then kiss and present the water.

HOW / FINISH: After the priest blesses the water, kiss the base of its handle and turn the handle toward him. Receive the cruet back without kissing it.
- 3

WHO BOTH

DO: Return together.

HOW / FINISH: Bow, turn inward, descend, and reset at the credence for the Lavabo.

SERVE THE LAVABO

FIRST + SECOND ACOLYTE

MATCHES CHILD PAGE 13

TRAINER

PLACES

This time the pair stands outside the Epistle edge, still on the second step.

POUR

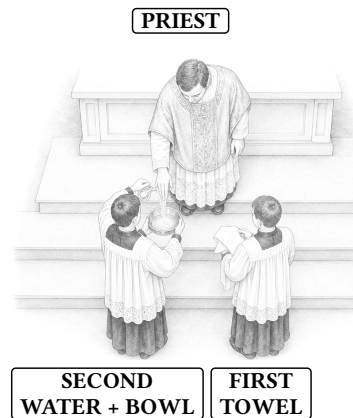
Second pours a small, controlled stream over the priest's fingers into the bowl.

BELL

After resetting, First takes the bell. Carry it level and place it silently on the second step at the normal place.

First takes the towel. Second keeps the water and takes the bowl.

MODEL ALTAR: 1 FIRST STEP · 2 SECOND STEP · 3 PREDELLA



Second step, outside the altar edge: Second pours over the priest's fingers; First presents the open towel.

1

WHO BOTH

DO: Bow before and after.

HOW / FINISH: Return the items to the credence. Replace the cruet stoppers loosely for the later ablutions.

2

WHO FIRST

DO: Take the bell.

HOW / FINISH: Both return to the foot, make the taught reverence, go to the normal places, and kneel. First sets the bell silently on the second step in front of him.

ANSWER ORATE, FRATRES

FIRST + SECOND ACOLYTE

MATCHES CHILD PAGE 14

TRAINER

CUE

Wait until the priest has completed *Orate, fratres* and turned back to the altar.

WORD

The server says *de manibus tuis*. The priest's exceptional self-answer *meis* is not a server form.

PLACE

Both remain kneeling at the normal places.

After the Lavabo, both are kneeling at the normal places. Listen through the priest's complete invitation before answering.

V · PRIEST'S CUE

R · BOTH ANSWER

18

V · PRIEST

V. Orate, fratres: ut meum ac vestrum sacrificium acceptabile fiat apud Deum Patrem omnipotentem.

R · BOTH

R. Suscipiat Dominus sacrificium de manibus tuis ad laudem et gloriam nominis sui, ad utilitatem quoque nostram, totiusque Ecclesiae suae sanctae.

SAY IT

soo-SHEE-pee-aht DOH-mee-noos
sah-kree-FEE-chee-oom deh
MAH-nee-boos TOO-ees ahd
LOW-dehm eht GLOH-ree-ahm
NOH-mee-nees SOO-ee, ahd
oo-tee-lee-TAH-tehm KWOH-kweh
NOHS-trahm, TOH-tsee-oos-kweh
ehk-KLEH-see-eh SOO-eh SAHNK-teh

CANON

ANSWER THE PREFACE DIALOGUE

MATCHES CHILD PAGE 14

TRAINER

STAGE

The Preface dialogue leads directly into the Canon, so it is kept in this learner stage.

BOW

Both make a simple head bow when the priest says *Gratias agamus Domino Deo nostro*.

VOICE

All four responses are spoken by Both in this two-server Low-Mass model.

Both kneel at the normal places. First has placed the bell safely on the second step in front of him.

V · PRIEST'S CUE

R · BOTH ANSWER

08
AGAIN

V · PRIEST

V. Per omnia saecula saeculorum.

R · BOTH

R. Amen.

12
AGAIN

V · PRIEST

V. Dominus vobiscum.

R · BOTH

R. Et cum spiritu tuo.

19

V · PRIEST

V. Sursum corda.

R · BOTH

R. Habemus ad Dominum.

SAY IT

ah-BEH-moos ahd DOH-mee-noom

20

V · PRIEST

V. Gratias agamus Domino Deo nostro.

R · BOTH

R. Dignum et iustum est.

SAY IT

DEE-nyoom eht YOOS-toom ehst

FOLLOW THE BELL PLAN

FIRST + SECOND ACOLYTE

MATCHES CHILD PAGE 15

TRAINER

PATTERN

This teaching model uses three clear Sanctus rings, one warning ring, and three distinct rings at each elevation.

LOCAL

The Missal permits continuous elevation ringing. Use only the pattern selected by the priest for the actual church.

PICKUP

Lift and set down the bell silently. Let the sound fade before moving it.

First handles the bell. Second watches First's movement cue. Both remain kneeling until the warning ring is complete.

OUR REHEARSED MODEL: Use only the priest's selected bell pattern. This guide uses three Sanctus rings, one warning, and three distinct rings at each elevation.

SECOND PRIEST FIRST



BELL

The bell rests on the **second step** in front of First. Second never reaches across First for it.

- 1

WHO FIRST

DO: At *Sanctus*: **three clear rings.**

HOW / FINISH: Set the bell down quietly. Both remain kneeling at the normal places.

- 2

WHO FIRST

DO: Shortly before the Consecration: **one warning ring.**

HOW / FINISH: Use the priest's hands extended over the offerings as the rehearsed visual cue.

- 3

WHO BOTH

DO: Rise and ascend the short way.

HOW / FINISH: Kneel on the predella, one on each side and slightly behind the priest. First carries the bell.

ASSIST AT THE ELEVATIONS

FIRST + SECOND ACOLYTE

MATCHES CHILD PAGE 16

TRAINER

NO PICTURED GENUFLECTION

The diagram shows only the stable kneeling position. Teach the bows and the priest's reverences live.

CHASUBLE

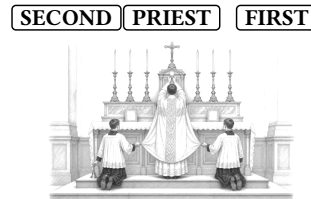
Each acolyte lifts only the lower rear edge nearest him and releases it as the sacred species is lowered.

BELL

First gives three distinct rings at the Host elevation and three at the Chalice elevation.

Both kneel on the predella. The diagram shows where to remain, not every movement made by the priest.

MODEL ALTAR: 1 FIRST STEP · 2 SECOND STEP · 3 PREDELLA



Second kneels picture-left; First kneels picture-right with the bell. Both are on the **predella**.

- | | |
|---|--|
| 1 | <p>WHO BOTH</p> <p>DO: At the Host elevation.</p> <p>HOW / FINISH: Lift the lower chasuble edges. First rings three distinct times. Release the chasuble as the Host is lowered.</p> |
| 2 | <p>WHO BOTH</p> <p>DO: Repeat at the Chalice elevation.</p> <p>HOW / FINISH: Lift, ring three, release, and remain still until the priest's final reverence is complete.</p> |
| 3 | <p>WHO BOTH</p> <p>DO: Return to the normal places.</p> <p>HOW / FINISH: Rise, face inward, descend the short way, make the taught reverence at the foot, and kneel on the first step. First carries the bell without ringing it.</p> |

ANSWER AFTER THE CANON

FIRST + SECOND ACOLYTE

MATCHES CHILD PAGE 17

TRAINER

QUIET AMEN

After *Sed libera nos a malo*, the next quiet Amen belongs to the priest. Do not add one.

AGNUS DEI

There is no short server response. Both remain kneeling and make the gestures taught for its three petitions.

PAX

An actual pax-instrument branch is not part of this core route; train it separately if appointed.

Both are kneeling at the normal places. The familiar Amen and greeting responses return.

V · PRIEST'S CUE

R · BOTH ANSWER

08 V · PRIEST
AGAIN V. *Per omnia saecula saeculorum.*

R · BOTH
R. **Amen.**

21 V · PRIEST
V. *Et ne nos inducas in tentationem.*

R · BOTH
R. **Sed libera nos a malo.**

SAY IT
seh-d LEE-beh-rah nohs ah MAH-loh

08 V · PRIEST
AGAIN V. *Per omnia saecula saeculorum.*

R · BOTH
R. **Amen.**

12 V · PRIEST
AGAIN V. *Pax Domini sit semper vobiscum.*

R · BOTH
R. **Et cum spiritu tuo.**

FOLLOW THE COMMUNION BRANCH

FIRST + SECOND ACOLYTE

MATCHES CHILD PAGE 18

TRAINER

1962 CORRECTION

Do not insert a second Confiteor, Misereatur, or Indulgentiam before the people's Communion.

WARNING

If the faithful will receive, this model rings once after each of the priest's three *Domine non sum dignus*.

PLATE BEARER

In this model, First alone handles the Communion plate. First sets down the bell before taking it; Second never receives it.

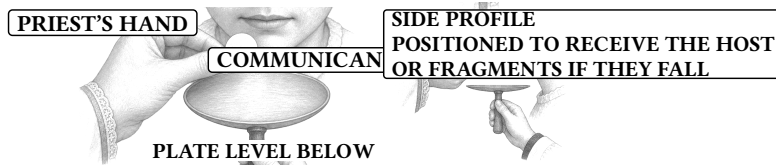
AFTER COMMUNION

First gives the plate to the priest for purification. It stays at the altar until the final wine and water.

There are no server words at the priest's *Domine non sum dignus*, at *Ecce Agnus Dei*, or at the formula used to give Communion.

OUR REHEARSED MODEL: If Communion is given, this guide assigns First the plate and three warning rings. The priest or trainer must mark the side and lane.

- | | |
|---|---|
| 1 | <p>WHO BOTH</p> <p>DO: At the Agnus Dei: remain kneeling.</p> <p>HOW / FINISH: Make the taught bow and the three breast strikes at the three petitions. Add no response.</p> |
| 2 | <p>WHO FIRST</p> <p>DO: If the faithful will receive: ring three times.</p> <p>HOW / FINISH: Ring once after each of the priest's three <i>Domine non sum dignus</i>. If nobody will receive, omit this Communion warning. Set the bell down silently.</p> |
| 3 | <p>WHO FIRST</p> <p>DO: If the faithful will receive: rise and take the Communion plate.</p> <p>HOW / FINISH: Take it from the credence. Join the priest on the side marked by the trainer. Keep the plate level and under each communicant's chin. If nobody will receive, leave the plate at the credence and remain in place.</p> |



MODEL SHOWN: priest's right, picture-left. Use the side and lane marked at the actual church. First follows with the plate; Second remains clear. After the last communicant, First gives the plate to the priest. The priest clears it at the altar; First retrieves it after the final wine and water.

IF NOBODY RECEIVES

Leave the plate at the credence. When the priest offers the chalice for purification, continue directly to the ablutions.

FIRST SERVES THE ABLUTIONS

FIRST + SECOND ACOLYTE

MATCHES CHILD PAGE 19

TRAINER

CUE

With Communion: move when the tabernacle is closed.
Without Communion: move when the priest offers the chalice.

ORDER

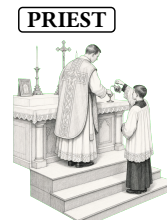
First alone serves both ablutions. He gives wine for the first purification, then wine followed by water over the priest's joined thumb and forefinger. Second waits clear and prepares for the coordinated Missal move.

First takes both cruets and serves both ablutions. Second remains clear at the Gospel-side foot. The priest or trainer fixes the exact standing point and pouring signals.

MODEL ALTAR: 1 FIRST STEP · 2 SECOND STEP · 3 PREDELLA



1 FIRST:
WINE



2 FIRST:
WINE, THEN WATER

TWO MOMENTS, FIRST ONLY: First gives wine into the chalice, then pours wine followed by water over the priest's joined thumb and forefinger. The priest remains on the predella; First remains one step below.

- | | |
|---|---|
| 1 | <p>WHO FIRST</p> <p>DO: Pour wine into the chalice.</p> <p>HOW / FINISH: Stop when the priest raises the chalice. Return to the second step.</p> |
| 2 | <p>WHO FIRST</p> <p>DO: Wash the priest's fingers.</p> <p>HOW / FINISH: Pour wine first and then water over the priest's joined thumb and forefinger. Stop at his signal.</p> |
| 3 | <p>WHO FIRST</p> <p>DO: Reset the cruets and any used plate.</p> <p>HOW / FINISH: Return both cruets to the credence. If Communion was given, wait for the priest's signal and return the cleared plate level to the credence. Second remains clear and ready for the coordinated Missal move.</p> |

EXCHANGE THE VEIL AND MISSAL

FIRST + SECOND ACOLYTE

MATCHES CHILD PAGE 20

TRAINER

ORDER

Begin only after First has reset both cruets and any used plate. First takes the folded chalice veil from Epistle to Gospel; Second takes the Missal and stand from Gospel to Epistle. After both objects are placed, they make the rehearsed centre reverence and switch back to their normal positions. Fix the exact lanes at the actual altar.

BOOK STATE

The Missal ends straight on the Epistle side, as at the Introit.

CHALICE

First carries only the folded ornamental chalice veil, never the chalice. The priest alone reassembles and covers the chalice. The acolytes' return cue is completion of their object placements and centre reverence, not an invented universal "chalice covered" cue.

First and Second change sides with separate objects: First carries the folded chalice veil from Epistle to Gospel while Second carries the Missal and stand from Gospel to Epistle. After both objects are placed, they make the rehearsed centre reverence and switch back to their normal positions. Fix the exact lanes at the actual altar.



Second takes the Missal and stand to the Epistle side. At the same time First takes the folded chalice veil to the Gospel side. Neither acolyte carries the chalice. Use separate lanes and do not cross behind the priest.

- 1

WHO BOTH

DO: Take the assigned objects.

HOW / FINISH: First takes the folded chalice veil at the Epistle side. Second takes the Missal and stand at the Gospel side with a secure two-handed grip.
- 2

WHO BOTH

DO: Change sides and place the objects.

HOW / FINISH: First places the veil at its rehearsed Gospel-side point. Second places the Missal and stand straight on the Epistle side. Keep separate lanes and leave the chalice to the priest.
- 3

WHO BOTH

DO: Switch back to the normal places.

HOW / FINISH: After both placements, make the taught centre reverence, pass by the rehearsed lanes, and kneel: First Epistle side, Second Gospel side.

POSTCOMMUNION AND DISMISSAL

FIRST + SECOND ACOLYTE

MATCHES CHILD PAGE 21

TRAINER

PRAYER OVER PEOPLE

At ferial Masses of Lent and Passiontide when appointed, both bow the head at *Humiliate capita vestra Deo* and answer Amen at the prayer ending.

EASTER

Card 22 is only for a Mass of the season within the Easter octave.

PROCESSION

If *Benedicamus Domino* announces a following liturgical procession, there is no blessing or Last Gospel; hand off to that procession's separate sheet.

Both kneel at the normal places. Use the familiar responses unless the Easter-octave dismissal changes the words.

LENTEN PRAYER OVER THE PEOPLE, WHEN APPOINTED

Bow the head at *Humiliate capita vestra Deo*; answer Amen at the prayer's audible ending, then continue to the dismissal.

V · PRIEST'S CUE

R · BOTH ANSWER

12 V · PRIEST

AGAIN V. *Dominus vobiscum.*

R · BOTH

R. Et cum spiritu tuo.

08 V · PRIEST

AGAIN V. *Per omnia saecula saeculorum.*

R · BOTH

R. Amen.

12 V · PRIEST

AGAIN V. *Dominus vobiscum.*

R · BOTH

R. Et cum spiritu tuo.

OUTSIDE THE EASTER OCTAVE

Use the ordinary dismissal below.

15 V · PRIEST

AGAIN V. *Ite, missa est.*

R · BOTH

R. Deo gratias.

MASS OF THE SEASON WITHIN THE EASTER OCTAVE

Use response 22 below instead of the ordinary dismissal.

22 V · PRIEST

V. *Ite, missa est, alleluia, alleluia.*

R · BOTH

R. Deo gratias, alleluia, alleluia.

SAY IT

DEH-oh GRAH-tsee-ahs,

ahl-leh-LOO-yah, ahl-leh-LOO-yah

IF THE DISMISSAL IS *BENEDICAMUS DOMINO*

Give its appointed response. If it announces a following liturgical procession, do not continue to the blessing or Last Gospel here; follow the separate procession route.

BLESSING AND LAST GOSPEL

FIRST + SECOND ACOLYTE

MATCHES CHILD PAGE 22

TRAINER

BLESSING

Both bow at *Benedicat vos omnipotens Deus*, sign with the blessing, answer Amen, then stand.

LAST GOSPEL

First, at picture-right on the Epistle side, angles toward the priest. Second, at picture-left on the Gospel side, faces the altar. Both make the three small crosses at the title.

OMISSION

At the third Mass of Christmas and any other appointed omission, leave out all three Last-Gospel responses.

Both remain kneeling for the blessing. Stand immediately after its Amen for the Last Gospel.

IF THE LAST GOSPEL IS OMITTED

After the blessing, omit all three Last-Gospel responses and follow the trained exit route.

V · PRIEST'S CUE

R · BOTH ANSWER

08 V · PRIEST

R · BOTH

AGAIN

V. *Benedicat vos omnipotens Deus:
Pater, et Filius, et Spiritus Sanctus.*

R. **Amen.**

12 V · PRIEST

R · BOTH

AGAIN

V. *Dominus vobiscum.*

R. **Et cum spiritu tuo.**

16 V · PRIEST

R · BOTH

AGAIN

V. *Initium sancti Evangelii
secundum Ioannem.*

R. **Gloria tibi, Domine.**

15 V · PRIEST

R · BOTH

AGAIN

V. *Et Verbum caro factum est, et
habitavit in nobis: et vidimus
gloriam eius, gloriam quasi
Unigeniti a Patre, plenum gratiae et
veritatis.*

R. **Deo gratias.**

FACE THE GOSPEL, THEN RECESS

FIRST + SECOND ACOLYTE

MATCHES CHILD PAGE 23

TRAINER

ET VERBUM

Teach the appointed reverence at *Et Verbum caro factum est* live; it is not pictured.

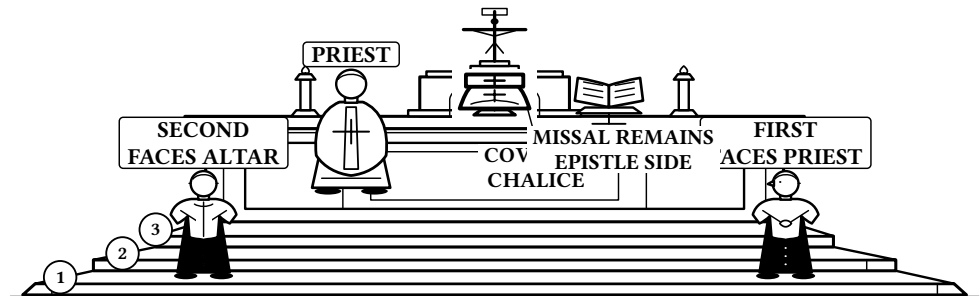
EXIT OBJECTS

After the Last Gospel the priest takes his chalice. If used, First retrieves the biretta and presents it after the final reverence.

OUTSIDE MASS

The Leonine prayers are after Low Mass and are not inserted into this Order. Use a separate local sheet if they are said.

During the Last Gospel, First stays picture-right on the Epistle side and turns toward the priest. Second stays picture-left on the Gospel side and faces the altar. The covered chalice remains at the centre, and the ordinary route does not move the Missal from the Epistle side.



At the final *Deo gratias*, both meet at the foot and leave the centre clear. The priest takes his covered chalice.



Make the final reverence taught for this altar. Turn inward, leave the foot one behind another, and go directly to the sacristy before the priest, who carries the chalice. First leads and Second follows; the picture-right/picture-left places describe only the stationary formation.

PREPARE AND MAP YOUR CHURCH

FIRST + SECOND ACOLYTE

MATCHES CHILD PAGE 24

TRAINER

FIRST PRACTICE

Walk the complete route empty-handed. Add the words. Add cold objects only after the route is calm.

NAMES

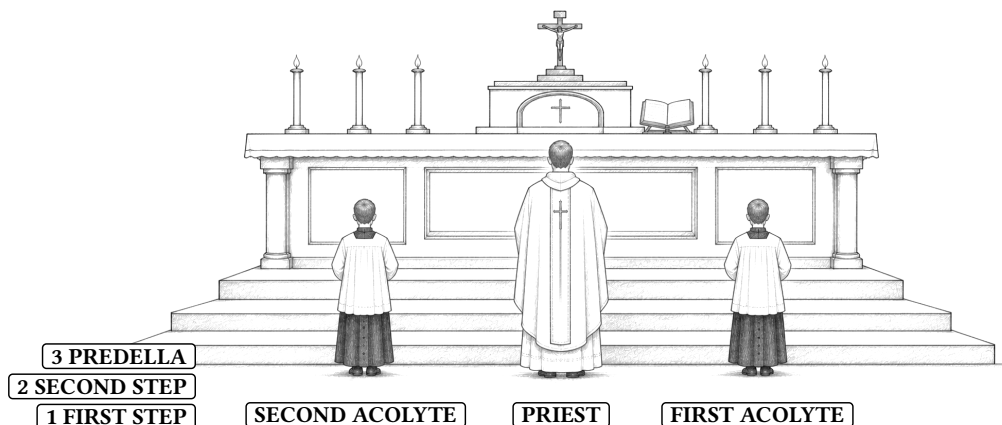
Use First Acolyte, Second Acolyte, and Both consistently throughout rehearsal.

SAFETY

A responsible adult controls candles, unfamiliar steps, sacred vessels, and every Communion-plate rehearsal.

Complete this page with the priest or trainer before practising with objects. Every picture is a front view from the nave; the real steps, distances, and Communion lane may differ.

MODEL ALTAR: 1 FIRST STEP · 2 SECOND STEP · 3 PREDELLA



Opening position: First stands on the priest's right (picture-right); Second stands on his left (picture-left). Leave the centre open.

1

WHO BOTH

DO: Point to every working place.

HOW / FINISH: Doorway; foot; normal places; credence; both Missal corners; Communion lane. Ask before touching anything unfamiliar.

2

WHO TRAINER

DO: Record the local choices.

HOW / FINISH: Centre reverence: _____ Communion side: _____
bell pattern: _____.

ROLE SUMMARY

First begins on the Epistle side and handles the bell, wine, both post-Communion cruets, towel, Communion plate, Epistle-to-Gospel Missal move, and post-ablution folded chalice veil. Second begins on the Gospel side and handles the Offertory water, Lavabo water and bowl, and Gospel-to-Epistle Missal move.

REHEARSAL CHECKLIST

FIRST + SECOND ACOLYTE

MATCHES CHILD PAGE 25

TRAINER**METHOD**

Run each item until both acolytes can complete it calmly. Stop and reset after a missed cue rather than rushing onward.

OBJECTS

Use cold practice objects until handoffs and lanes are reliable.

These checks gather the practice tests outside the sacristy-to-sacristy route.

- | | |
|---|---|
| 1 | <p>WHO BOTH</p> <p>DO: Entrance and opening.</p> <p>HOW / FINISH: Walk entrance, stop, reverence, wait, kneel, and answer from <i>Introibo</i> through the move to the normal places. Both finish together and leave the centre open.</p> |
| 2 | <p>WHO BOTH</p> <p>DO: Readings and Offertory.</p> <p>HOW / FINISH: Run the Missal move, Gospel stations, cruets, Lavabo, bell pickup, and <i>Orate, fratres</i> response. Every object finishes at its named place.</p> |
| 3 | <p>WHO BOTH</p> <p>DO: Canon.</p> <p>HOW / FINISH: With an empty bell, run warning, ascent, both elevations, and return. No one crosses behind the priest or rings while walking.</p> |
| 4 | <p>WHO BOTH</p> <p>DO: Communion.</p> <p>HOW / FINISH: Run both branches. First alone serves the wine, then wine-and-water ablutions and finishes any used plate. Then rehearse First's veil route and Second's book route together, followed by the switch back to normal places.</p> |
| 5 | <p>WHO BOTH</p> <p>DO: Ending.</p> <p>HOW / FINISH: Run dismissal, blessing, Last Gospel, final reverence, and recession. Repeat the no-Last-Gospel branch separately.</p> |

SCOPE, QUALIFICATIONS, AND SOURCES

FIRST + SECOND ACOLYTE

MATCHES CHILD PAGE 26

TRAINER

USE

This training aid does not replace the Missal, the priest's direction, or the rehearsed customs of the actual church.

FLASH CARDS

Print the paired flash cards on letter paper at 100 percent, two-sided, flipped on the long edge. Verify one sheet for front/back alignment before cutting. Practise with the priest's complete cue on the front and Both acolytes' complete response on the back.

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PRINCIPAL REFERENCES

Missale Romanum (1962), especially *Ritus servandus* II–XII and General Rubrics 424–425 and 503–510; Archconfraternity of Saint Stephen, *Serving Low Mass with 2 Servers (Ac1 & Ac2)*; Charles J. Carmody, *Learning to Serve* (1961); Laurence J. O'Connell, *The Book of Ceremonies* (1943), pp. 170–174; and the 1961 *Liber Usualis* pronunciation rules.

Last revised (UTC): 2026-07-29T19:14:52Z

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